

Curriculum Vitae

Anthony Charuvastra
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Education

| Year | Degree | Field | Institution |
|------|--------|-----------------------------------|--------------------------------------|
| 1996 | BA | History and Philosophy of Science | Brown University, Providence, RI |
| 2002 | MD | Medicine | Brown Medical School, Providence, RI |

Postdoctoral Training

2008-2009 T-32 Translational Research Post-doctoral Fellowship, Program for Trauma and Resilience – NYU Child Study Center

Internships and Residencies

2002-2006 Combined West Los Angeles VA and UCLA Semel Institute for Neuroscience and Human Behavior Adult Psychiatry Residency Program
2006-2008 NYU Child Study Center Residency in Child and Adolescent Psychiatry – Chief Resident
2007-2008

Clinical and Research Fellowships/Awards

1996 President's Research Fellowship, Brown University
2005-2006 American Psychoanalytic Fellowship
2004-2006 Group for the Advancement of Psychiatry

Academic Appointments

1999-2001 Teaching assistant and lecturer, Bioethics, Brown University
2005-2006 Adjunct Professor of Psychopharmacology, Pepperdine Professional School,
2006-2008 NYU Medical School, Clinical Instructor, Adult Psychiatry
2007-2008 NYU Medical School, Clinical Instructor, Child and Adolescent Psychiatry
2008-2010 NYU Medical Center Department of Child and Adolescent Psychiatry, Leon Levy Research Assistant Professor
2008-Current Nathan Kline Institute for Psychiatric Research, Research Psychiatrist
2010-Current Clinical Assistant Professor, NYU Medical Center Department of Child and Adolescent Psychiatry

Memberships, Offices and Committee Assignments in Professional Societies

2004-2006 Group for Advancement of Psychiatry Committee on Prevention, member
2004-2006 American Psychosomatic Society, member
2007-current American Academy of Child and Adolescent Psychiatry
2008-current American Psychiatric Association

Editorial Positions

Reviewer at Large – Journal of Clinical Psychopharmacology, Journal of Child and Adolescent Psychopharmacology, Journal of Consulting and Clinical Psychology

Bibliography: Anthony Charuvastra

Accepted for publication:

1. **Charuvastra, A.**, and Cloitre, M. Emotions and Emotion Regulation in the Process of Trauma Recovery: Implications for the Treatment Posttraumatic Stress Disorder, in The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic Lanius R., & Vermetten E., eds. 2010 (Cambridge, Cambridge University Press)
2. **Charuvastra A.**, Goldfarb E., Petkova E., & Cloitre M. Implementation of a screen and treat program for child post-traumatic stress disorder in a school setting after a school suicide.

Original Reports

1. **Charuvastra, A.**, and Cloitre, M. Safe Enough to Sleep: Sleep disruptions associated with trauma, posttraumatic stress, and anxiety in children and adolescents. *Child and Adolescent Psychiatric Clinics of North America*. 2009; 18(4): 877-891.
2. Cloitre M, Stovall-McClough C, Zorbas P, **Charuvastra A**. Attachment organization, emotion regulation, and expectations of support in a clinical sample of women with childhood abuse histories. *J Trauma Stress*. 2008; 21(3):282-9.
3. **Charuvastra, A.**, and Cloitre, M. Social Bonds and Posttraumatic Stress Disorder. *Annu Rev Psychol*. 2008;59:301-28.
4. **Charuvastra, A.**, and Marder, S. Unconscious emotional reasoning and the therapeutic misconception. *J Med Ethics*. 2008 Mar;34(3):193-7.
5. Koplán, C., **Charuvastra, A.**, Compton, M., MacIntyre II, J.C., Powers, R.A., Pruitt, D., Wissow, L. Prevention Psychiatry. *Psychiatric Annals*. 2007; 37(5): 319-328. (*non peer-reviewed*)
6. **Charuvastra, A.** Prevention in Psychiatry, A Resident's Perspective. *Psychiatric Annals*. 2007; 37(5): 372-374. (*non peer-reviewed*).
7. Friedmann PD, Rose J, Hayaki J, Ramsey S, **Charuvastra A**, Dube C, Herman D, Stein MD. Training primary care clinicians in maintenance care for moderated alcohol use. *J Gen Intern Med*. 2006;21(12):1269-75.
8. **Charuvastra A**, Yaeger D. Tactile hallucinations associated with therapeutic doses of bupropion in 2 patients. *Journal of Clinical Psychiatry*. 2006; 67(11):1820-1.
9. **Charuvastra A**. Infertility treatments for gay parents? *Hastings Cent Rep*. 2006 Sep-Oct;36(5):6-7. (*non-peer reviewed*)
10. **Charuvastra A**, Marder S. Commentary on "TM and our models of informed consent" by Charles W. Lidz. *Behav Sci Law*. 2006;24(4):547-52.
11. **Charuvastra A**, Friedmann PD, Stein MD. Physician attitudes regarding the prescription of medical marijuana. *J Addict Dis*. 2005;24(3):87-93.
12. Clark DG, **Charuvastra A**, Miller BL, Shapira JS, Mendez MF. Fluent versus nonfluent primary progressive aphasia: a comparison of clinical and functional neuroimaging features. *Brain Lang*. 2005 Jul;94(1):54-60.
13. Rich, JD, Ching, CG, lally MA, Gaitanis MM, Schwartzapfel B, **Charuvastra A**, Beckwith CG, Flanigan TP. A review of the case for hepatitis B vaccination of high-risk adults. *Am J Med*. 2003; 114(4):316-318.

14. Stein MD, **Charuvastra A**, Anderson BJ. Social support and zero sharing risk among hazardously drinking injection drug users. *J Subst Abuse Treat.* 2002; 23(3):225-30.
15. **Charuvastra A**, Anderson BJ, Friedmann PD, Stein MD. Perceived addiction treatment needs among alcohol using injection drug users. *J Addict Dis.* 2002; 21(4): 93-107.
16. Stein MD, **Charuvastra A**, Anderson B, Sobota M, Friedmann PD. Alcohol and HIV risk taking among intravenous drug users. *Addict Behav.* 2002; 27(5): 727-36.
17. Stein MD, **Charuvastra A**, Maksad J, Anderson BJ. A randomized trial of a brief alcohol intervention for needle exchangers (BRAINE). *Addiction.* 2002; 97(6): 691-700.
18. **Charuvastra A**, Stein J, Schwartzapfel B, Spaulding A, Horowitz E, Macalino G, Rich J. Hepatitis B vaccination practices in state and federal prisons. *Public Health Reports.* 2001; 116(3):203-9.
19. Stein MD, Anderson B, **Charuvastra A**, Maksad J, Friedmann PD. A brief intervention for hazardous drinkers in a needle exchange program. *J Subst Abuse Treat.* 2002; 22(1): 23-31.
20. Rich JD, Hou JC, **Charuvastra A**, Towe CW, Lally M, Spaulding A, Bandy U, Donnelly EF, Rompalo A. Risk factors for syphilis among incarcerated women in Rhode Island. *AIDS Patient Care STDS.* 2001; 15(11): 581-5.
21. Stein MD, Anderson B, **Charuvastra A**, Friedmann PD. Alcohol use and sexual risk taking among hazardously drinking drug injectors who attend needle exchange. *Alcohol Clin Exp Res.* 2001; 25(10): 1487-93.
22. Anderson BJ, Gogineni A, **Charuvastra A**, Longabaugh R, Stein M. Adverse drinking consequences among alcohol abusing intravenous drug users. *Alcoholism Clinical Exp Research* 2001;25(1):41-45.
23. Charuvastra T. Societal involvement in prenatal diagnosis. *JAMA.* 2002;287(20):2654-5. (*non peer-reviewed*)
24. Blackless M, **Charuvastra A**, Derryck A, Fausto-Sterling A, Lauzanne K, Lee E. How sexually dimorphic are we? Review and synthesis. *American Journal of Human Biology* 2000; 12:151-166.

Reviews, Books and Book Chapters

1. Charuvastra, A. & Cloitre, M. Safe Enough to Sleep: Sleep Disruptions Associated with Trauma, Posttraumatic Stress, and Anxiety in Children and Adolescents. *Child Adolesc Psychiatric Clin N Am* 18 (2009) 877–891.
2. Charuvastra, A. & Cloitre, M. Emotions and Emotion Regulation in the Process of Trauma Recovery: Implications for the treatment of post-traumatic stress disorder. in *The Hidden Epidemic: The Impact of Early Life Trauma on Health and Disease*, eds. Ruth Lanius, Eric Vermetten & Clare Pain. Cambridge University Press. **Forthcoming**

Books and Monographs

1. Friedmann PD, **Charuvastra A**, Herman D, Dube C, de Santiago S, Freedman S, Stein MD. PRIMECare: Promoting Recovery in Medical Care. 2001. Rhode Island Hospital Division of General Internal Medicine, Rhode Island.

Abstracts

1. **Charuvastra A**, Charuvastra E, Silverman S, Silver D, Shell WE. Circadian autonomic rhythm disruption distinguishes fibromyalgia among patients with pain syndromes. American Psychosomatic Society Annual Meeting, March 2006.